

### **Hastings Branch**

### February 2024



### **President's Message**

Lisa Hedin

Greetings AAUW Hastings Members. Welcome to spring, although I could have said that in January this year. There are a number of things to be aware of for AAUW National, State and local on the horizon. Here is a quick rundown.

AAUW National will be putting forward a by-laws change removing the degree requirement for AAUW membership. Voting will be open from 3 April until 15 May 2024. Votes can be cast electronically or by paper ballot. Keep an eye on your email for more information. I am disappointed to report that the last time this question was placed before membership only 36% of the AAUW Hastings voted. We can do better!

The AAUW State Annual Meeting will be held April 26-27 at the Confluence Hotel and Conference Center in Hastings. The theme is Confluence = Inclusion, Collaboration, and Empowerment. Speakers are anticipated on the topics of gender justice, pay equity, and women entrepreneurship. We are hoping that US Representative Angie Craig will stop by the meeting and are working on having an all-female color guard. More information will be coming in the next couple months about how to participate – volunteer, attendee, delegate.

The end of the program year in in sight, and with it the end of the terms for our current President, VPs of Membership and Secretary. Please consider your willingness to serve on the Nominating Committee to build our slate of candidates; and your willingness to be a candidate yourself.

Contact me if you are willing to serve on the Nominating Committee. Feel free to reach out to myself, Jackie Rigelman, Kathy Palmer and Hannah Spaulding to learn more about what each of these positions entail.

Our Branch will be voting on candidates for the 2024-2026 program years: along with the 2024-25 budget, at our April General Meeting.

Continue to do good work, care for each other, and stay well.

UPCOMING EVENTS		
Feb. 12	Book Club	
Feb. 12	ERA Rally at Capitol	
Feb. 12	Hastings Reads Author Speaks	
Feb. 26	Meeting & Program	

#### **HASTINGS BRANCH**

Meets on Mondays St. Philip's Lutheran Church 1401 15<sup>th</sup> Street West, Hastings, Minnesota 55033

#### **2023-2024 PROGRAMS**

September 25, 6:00 pm Salad Supper Missing & Murdered Indigenous Women Task Force Senator Mary Kunesh

October 23, 7:00 pm Perspectives on Women in Law Enforcement Hennepin County Sheriff Dawanna S. Witt

November 27, 7:00 pm Forecasting Minnesota's Changeable Weather

**Meteorologist Karen Filloon** 

December 9, 10:00 am Hastings Golf Club Holiday Celebration

January 22, 6:00 pm Chili Supper Book Selection Process in Dakota County Libraries Librarian Christy Wayne

February 26, 7:00 pm Women's Heart Health Month – How to Survive a Heart Crisis and How to Prevent One from Happening Danna Elling-Schultz and Dr. Retu Saxena

March 25, 7:00 pm Diaries of Jane Doe: Historical Perspectives on Women's Health in Dakota County

April 22, 6:00 pm Spring Social
Amelia Earhart
Nancy Earhart Burt

May 20, 7:00 pm Book Sale
Title IX Impact on Athletes & Sports at the
Collegiate Level
Vicki Davis

### **Program**

Danna Elleng Schultz, Mary Ellen Fox, & Becky Gartzke

#### How to be a Heart Healthy Woman

One out of every 5 causes of death in women is cardiovascular (heart) disease. And often women don't recognize or ignore the symptoms they experience because they are different than those experienced by men. Our February program will focus on women's heart health with presentations from member Danna Elling Schultz and cardiologist Dr. Retu Saxena.



Dr. Saxena is the senior consulting cardiologist at Allina Health Minneapolis Heart Institute. She is also President/Governor of the Minnesota Chapter of the American College of Cardiology and the co-director

of the Cardio Obstetrics Program. She has expertise in women's heart issues and research interests in cardiovascular risk factors that emerge during pregnancy.

As an AAUW member, Danna serves as a program vice president. She was diagnosed 9 years ago with atrial fibrillation—AFib—that was controlled with medication. But for 4 years, she



couldn't keep up with an active lifestyle and the AFib was out of control. She will detail how she ignored her symptoms, her journey with cardiovascular disease and how she remains healthy and active today.

### **AAUW Mission Statement**

To advance gender equity for women and girls through research, education, and advocacy.

AAUW Vision Statement
Equity for all.
Minnesota State Website
http://aauw-mn.aauw.net
National Website

### **Treasurer's Report**

Renee Souza & Carol Tobin

As expected, the end of January can be summarized as most holiday bills accounted for and we are still in the black! We are currently at \$11,190 with all expenses being paid except the Holiday Brunch (\$2K). Once this is paid, we will be staying around \$9K for the foreseeable future. Very healthy indeed.

We began budget planning this week and will soon be bringing forward a plan for review and approval. Expect continued increased support for scholarships as we head into 2024. Thank you all for your continued financial support!

### **Membership**

Kathy Palmer & Jackie Rigelman

AAUW Hastings is delighted to welcome Jessie Nowak, who recently joined. And ... welcome back Geneva Weissner.

# AAUW Hastings Branch to Host the 2024 State Annual Meeting

Pat Powers

The Annual Meeting, April 26-27, 2024, The
Confluence Hotel
The theme is
Confluence = Inclusion, Collaboration,
Empowerment

The Planning Committee for the Annual Meeting is making progress for the two-day event. There will be two speakers and a panel of Hastings' women entrepreneurs. The hotel is secured, the food has been chosen, and we are getting member bags ready. The Annual Meeting Booklet printing arrangements have been made. Silent Auction, Hastings items, are coming in. Oh yes, we have name badges on lanyards.

It's a party. It's a time to meet our AAUW peers from all over the State. We hope you will make plans to join in.

### Historian



Book Club – Oct 2018





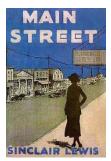
Book Club January 8<sup>th</sup>, 2024 discussing *Darius the Great is Not Okay.* 

Adib Khorram, author of *Darius the Great is Not Okay* will be speaking on February 12<sup>th</sup> at the Hastings Arts Center at 6:30pm.

Hastings Reads events are attached at the end of the TWIG.

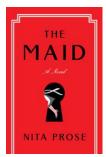
### **Book Club**

Shirley Tammen



On Monday, February 12<sup>th</sup> at 1:30 in the Pleasant Hill Library, the book club will be discussing *Main Street* by Sinclair Lewis. This satirical novel was published in 1920 and set in the small town of Gopher Prairie, Minnesota, a fictionalized version of Sauk Centre. Lewis's hometown. The

novel takes place in the 1910's; it relates the life and struggles of Carol Milford Kennicott as she comes in conflict with the small-town mentality of the residents of Gopher Prairie.



On March 11<sup>th</sup>, the book club will be discussing *The Maid* by Nita Prose. A Clue-like, locked-room murder mystery and a heartwarming journey of the spirit, whose main character Molly Gray is not like everyone else. She struggles with social skills and misreads the

intentions of others. Her gran used to interpret the world for her, codifying it into simple rules that Molly could live by. *The Maid,* reveals that all mysteries can be solved through connection to the human heart.

All are welcome to join the discussions!

### Web Page

Cheryl Read

Accidently delete your email with the latest directory?

Forget where our meeting is located this month? Then, check the website!

Here's the link: https://hastings-mn.aauw.net/

### Community

Margaret Goderstad

### **Hastings Arts Center:**

- Tuesday, February 13<sup>th</sup>, 10:30am Life & Love Songs of Clara & Robert Schumann – Melyssa Rice, Soprano and Gail Olszewski, piano. Free coffee concert, donations appreciated
- Tuesday, March 5<sup>th</sup>, 10:30am Julie Johnson on flute & Gail Olszewski on piano. Free coffee concert
- Saturday, March 23<sup>rd</sup>, 7:00pm Roe Family Singers Bluegrass concert. Call or go online for tickets.

### **Hastings Area Historical Society:**

Tuesday, February 13<sup>th</sup>, 7:00pm – Hastings City Hall, Featuring a tour of City Hall, its history, architecture, and art. Free and open to the public.

#### The LeDuc Historic Estate:

Saturday, February 17<sup>th</sup>, 3:30-5:30pm – Valentine's Day Tea – A tour of the Leduc House plus three courses, including sandwiches, scones, and, of course, chocolate for the special day. Guests will learn why chocolate is such and important part of this day. Reservations are required; however, this event is sold out, you can call (651-438-8480) to be added to a waiting list. (\$35 for members of DCHS & \$40 for non-members)

### BR4R (Building Remembrance for Reconciliation):

Sunday, February 25<sup>th</sup>, 2;00-4;00pm – St. Luke's Episcopal Church – A Black History Month event – "Breaking the Silence, the Movements of Memory" with a panel discussion, food, & music

#### **Hastings Tastings:**

Monday, March 25<sup>th</sup>, 4:30-7:30pm – SEAS Social Hall - \$40 per person

### **Orange Dragon Art Gallery:**

Opening in April

### **NCCWSL**

Gail Glashan

### AAUW Hastings Branch will award Scholarships to NCCWSL 2024 What is NCCWSL? Who should apply?

AAUW invites hundreds of college women from around the country for leadership training, inspiration and networking at the National Conference for College Women Student Leaders (NCCWSL).

May 30–June 1, 2024
The University of Maryland, College Park (DC metro area)

Our AAUW Hastings Branch is pleased to offer two scholarships to NCCWSL 2024!

Since 2015, our branch has sent 17 college women to NCCWSL including five college women to virtual NCCWSL. We need members to help spread the word that the application process for 2024 is now open, through March 15<sup>th</sup>. If you happen to know a sophomore or junior college woman student, please encourage her to apply.

Just forward the attached NCCWSL flyer and application at the end of this Twig, -or-Email Gail at AAUW Hastings Branch to obtain an application form...

AAUWHastingsBranch@gmail.com

Information about NCCWSL 2024 can also be found on our AAUW Hastings Branch webpage—<a href="https://hastings-mn.aauw.net">https://hastings-mn.aauw.net</a> and at—

https://www.aauw.org/resources/programs/nccwsl/attend/

Thank you AAUW Hastings Branch members! Please know your gifts and support of women are far-reaching as noted in Thank You Notes from these past NCCWSL attendees:

'I was privileged to attend NCCWSL 2013. Thanks to your incredible generosity, I met people from around the country and world, connected with panelists and leaders and developed an even stronger sense of confidence and purpose in my identity as a woman and change agent in the world.' Jolena Zabel

'Thank you for the opportunity to attend NCCWSL 2022. I will, without a doubt, use many of the skills that I learned during the 3-day conference. The sessions I chose to attend were about professionalism in the workplace, interview success, being a leader on campus, and undoubtably my favorite, the Elect Her program sessions about elevator speeches.' Maria Husting

'My favorite session was the Financial Literacy panel. The women taught us how to invest and budget in order to plan for our futures and be successful.' Molly Barker attended NCCWSL 2022

# Public Policy Pat Powers





February 12, 2024, is the Kickoff of the Minnesota Legislative session. ERA MN is rallying in the Rotunda at 10:00 AM. It is a big day. There will be many speakers. We are collaborating with AAUW Red Wing Branch by hopping on their bus. Those going from Hastings are Lisa Hedin, Linda Ferris, Jackie Rigelman, Becky Gartzke, Cindy Toppin, Jan Hertel, Becky Arenivar, Marjorie Peterson, Nancy Ahn, Dorothy Sandahl, Gail Glashan, and Pat Powers.

You can add your voice by using the AAUW 2-Minute Activist

https://secure.everyaction.com/PvxW0UYmckKimSksq4VhIA2 This activist page will send an email to members' State Representative and State Senator, urging them to support putting an ERA on the Minnesota ballot. While there is draft language set up, I would encourage members to make the email your own. Adding your personal "why" to explain why the ERA is important to them will add an important personal touch to the language that I have already included.

Minnesota has changed the wording of the ERA Bill to

All persons shall be guaranteed equal rights under the laws of this state. The state shall not discriminate against any person in intent or effect on account of race, color, national origin, ancestry, disability, or sex, including but not limited to pregnancy, pregnancy outcomes and reproductive freedom, gender identity, gender expression, or sexual orientation.

### Diversity Jaci Cobian

Diversity in Women's Heart Health Care

February marks the recognition of Women's Heart Health Month, and the welcoming to AAUW our upcoming February 26th presenters, Danna Elling Schultz and Dr. Retu Saxena. Together, they will be presenting on the topic of "How to survive a heart crisis and how to prevent one from happening." This topic brings to mind the thought and question of whether there is diversity in women's heart health care to be considered, explored, and reflected upon.

Diversity in women's heart health care is essential to consider because women can experience heart disease differently than men do. Women experience different symptoms of heart disease than men such as fatigue, shortness of breath, and nausea, which can be less recognized or attributed to other causes.

These symptoms are often underdiagnosed or misdiagnosed because they may be subtler and differ from the classic symptoms seen more often in men, thus resulting in delays in heart health treatment. Also, some risk factors for heart disease, such as mental stress and diabetes, may have a greater impact on women than men. In addition, hormonal changes, pregnancy, and autoimmune diseases affect women's heart health more as compared to men's heart health. In terms of heart health treatments, women may respond differently to certain treatments than men. Tailoring treatment plans to address women's specific needs and considerations is essential for optimal outcomes. Recognizing these differences and providing personalized, gender-specific care is critical for effectively managing and preventing heart disease in women.

As a woman, it is important to explore and familiarize yourself with the symptoms of heart disease, which can include chest pain or discomfort, shortness of breath, fatigue, nausea, as well as pain in the neck, jaw, back, and arms. An awareness of risk factors for heart disease including high blood pressure, high cholesterol, diabetes, smoking, physical inactivity, obesity, and family history needs to be acknowledged. Each of us can choose to advocate for ourselves by not ignoring symptoms or dismissing them as unrelated issues. If you experience symptoms of heart disease, seek medical attention while advocating for yourself to ensure that your concerns are taken seriously and addressed appropriately. It is important to schedule regular check-ups to monitor your heart health and discuss any concerns or risk factors you may have. Regular screenings and knowing your screening numbers, such as blood pressure, cholesterol levels, blood sugar, and body mass index (BMI) allows for early detection and prevention. Last, maintaining a healthy lifestyle by taking steps towards eating a balanced diet, exercising regularly, getting enough sleep, managing stress, avoiding smoking, and limiting alcohol consumption can substantially reduce your risk for heart disease.

In conclusion, being proactive when it comes to heart health and women's unique risk factors and symptoms, purposeful updating of your knowledge of the latest research, guidelines, and recommendations for heart health is key towards reducing your risk of heart disease and maintaining a healthy heart for future years to come - as a healthy heart is a happy heart!

#### Women's Heart Health Care Resources:

- American Heart Association (AHA):
   This site provides thorough information on heart disease, including resources specific to women's heart health, offering fact sheets, articles, and educational materials.
- 2. Office on Women's Health (OWH):
  As part of the U.S. Department of Health and Human Services, this site offers educational materials and resources aimed at numerous women's health topics, including heart disease.
- 3. Mayo Clinic:
  This website encompasses the latest information on heart disease and includes articles and videos specific to women's heart health. Topics include symptoms, risk factors, as well as prevention strategies.

  4. National Heart, Lung, and Blood

Institute (NHLB)

(This site has a section dedicated to women and heart disease containing exclusive information on risk factors, prevention, diagnosis, and treatment options.

### Secretary

Hannah Spaulding

AAUW Business Meeting Minutes January 22, 2024, 7:00 pm Location: In-Person (St Philips Lutheran Church) and Zoom

- 1. Call to Order at 7:01pm. Approximately 70 attendees in the room, 6 on Zoom.
  - a. President's Message Thank you to everyone who contributed to the Chili Supper. AAUW National will once again be running a vote to remove the degree requirement to membership. This will occur in Spring 2024.
- 2. Approve November 2023 Business meeting minutes (in TWIG) Pat Powers firsts, Patty Todnem seconds. Motion approved.
- 3. Treasurer's Report (Renee Souza and Carol Tobin)
  - a. Approve Year to Date Report thru
     December 2023 Motion to accept the
     Treasurer's Report: Betty Hoeschen
     firsts, Patty Wilson seconds. Motion
     passes.
- 4. Committee/Activity Reports
  - a. Membership (Kathy Palmer & Jackie Rigelman) - 2023-24 Membership directory is being finalized. Future updates will be provided in the TWIG. Membership is at 103!!!
  - b. Programs (Mary Ellen Fox, Danna Elling-Schultz, Becky Gartzke) – No update
  - c. Fundraising (Ceil Strauss) No update
  - d. Hospitality (Darla Kimmes/Lois
    Twedt/Nancy Ahn) Centerpiece
    Bags will be handed out at the end
    of the night. They are a gift from
    Hospitality to celebrate the new
    year. Saty tuned on how to go home
    with the prize. Members who signed
    up for treats in February will receive
    a reminder email/phone call.
  - e. Public Policy (Pat Powers) –
    Presidential primary voting has
    started with absentee balloting.
    Presidential primary day is 7 March.
    There are also party caucuses on 27
    February 2024

- f. AAUW State Annual Convention (Pat Powers) Hastings is partnering with the State Board to host the AAUW-MN annual conference in person at the Confluence Hotel April 26-27, 2024. The committee is hard at work. Volunteers will be needed on the weekend of the event to support the conference. Ge the dates on your calendar.
- g. Rally #Day1forERA at MN capitol is 12 February (Pat Powers) - Red Wing has approached Hastings about renting a bus to facilitate transportation. A clipboard is being passed around to evaluate interest. If there is no bus car-pooling will be arranged.
- h. NCCWSL (Jan Junkman) Think about eligible women in your lives and encourage them to apply! Application deadline is 15 March. Events dates are May 30-June 1 at the University of Maryland.
- i. Book Club and Hastings Reads The February book is Main Street by
  Sinclair Lewis, and the March book
  is The Maid by Nita Prose. Hastings
  Reads events will be getting started
  soon. Look at the flyer attached to
  our January TWIG or on the
  Hastings Reads Facebook page.
- j. Scholarship (Marjorie Peterson) The 2023 scholarships have both been paid after both recipients showed academic progress in their first semester of school. The criteria for the 2024 scholarships have been sent into the HHS Career Center. Selection Committee will be notified when applications have been received.
- k. Community Review the TWIG
- Diversity Review the TWIG. If you have any ideas to explore talk with Jaci Cobian. Right not she is aligning articles with speakers and National monthly designations.
- 5. Shout out to Linda Bindman and contributors to the TWIG, It is so comprehensive and well put together!

 Motion to adjourn at 7:31 pm. Cindy Toppin firsts, Rachel Algor seconds. Meeting is adjourned.

Program: Book Selection Process in Dakota County Libraries – Christy Wayne

### **Upcoming Events:**

Feb 5, 7:00 pm – Board Meeting via Zoom
Feb 12, 1:30 pm at Pleasant Hill Library – Book
Group Main Street by Sinclair Lewis
Feb 12, 6:30-8:00 pm – Hastings Arts Center –
Hastings Reads author event
February 26, 7:00 pm/7:30 pm – Business
Meeting/Program – Women's Heart Health Month:
How to survive a heart health crisis and prevent
one from happening by Danna Elling Schultz and
Dr. Elizabeth Tuohy

### **AAUW Hastings Board**

President ----- Lisa Hedin VPs Membership ----- Kathy Palmer Jackie Rigelman VPs Programs ----- Danna Elling Schultz Mary Ellen Fox Becky Gartzke Secretary -----Hannah Spaulding Renee Souza Treasurer -----Carol Tobin AAUW Funds -----Marilyn Tennessen Book Club -----**Shirley Tammen** Community -----Margaret Goderstad Diversity -----Jaci Cobian Gadabouts ----- Members Historian -----Lisa Hedin Hospitality -----Nancy Ahn Darla Kimmes Lois Twedt NCCWSL -----Gail Glashan Newsletter ----- Linda Bindman Public Policy ----- Pat Powers Fundraising ----- Ceil Strauss Web Page ----- Cheryl Read



#### **Hastings Reads Events (starting Feb. 12):**

## Monday, February 12 | Author Visit: Adib Khorram | During the school day at HHS & 6:30-8 p.m. at Hastings Arts Center

Adib Khorram is coming to Hastings! During the school day, he will talk to HHS students about his debut and award-winning novel, Darius the Great is Not Okay. In the evening, he will join community members downtown to discuss the book and his work as an author. He will sign books, and copies of his book will be available for purchase.

Wednesday, February 14 | 1:30 p.m. | Popcorn and a Movie | Tilden Senior Center Senior citizens, join us for heartwarming family drama about a young boy trying to fit in despite a rare facial deformity. Rated PG.

# Wednesday, February 14 | 6-7 p.m. | Pleasant Hill Evening Book Group | Dakota County Pleasant Hill Library

Join the Pleasant Hill Library's Evening Book Group for a discussion of Out of My Mind by Sharon Draper. New members are welcome. Geared for adults.

# Tuesday, February 20 | 3:30-5 p.m. | Writing the Dark: Life's Difficult Subjects | Dakota County Pleasant Hill Library

Learn to weave life's difficult subjects into your creative prose or poetry in ways that honor and illuminate those experiences. Presented by The Loft. Geared for youth ages 14 and older. Register via the <u>Dakota County Library calendar</u>.

### Wednesday, February 21 | 2:45-3:30 p.m. | Hastings High School Book Discussion | HHS Media Center

Hastings High School students are invited to enjoy refreshments while discussing Khorram's novel and his visit to HHS!

### Friday, February 23 | 6-7:30 p.m. | Family Event with author Ty Chapman | Hastings YMCA

This event is for families with children in elementary school. Bring your young ones to the YMCA for pizza, books, and movement...with Ty Chapman, the author of Looking for Happy! Pizza will be served from 6-6:50, and then we'll complete fun projects and activities with the author. You do not need to be a member of the YMCA, and no registration is required.

If you would like to pre-order copies of Chapman's children's book(s), please visit the following link to purchase from Red Balloon Bookshop (<a href="https://bit.ly/ChapmanBooks">https://bit.ly/ChapmanBooks</a>). Copies will be available for pick up at the event (if unable to attend the event, copies will be delivered to children at school).

### Tuesday, February 27 | 6:30-7:30 p.m. | Meet MN Author Claire Forrest | Dakota County Pleasant Hill Library

Meet Minnesota author Claire Forrest as she discusses her book Where You See Yourself, a young-adult novel that combines a coming-of-age tale, a swoon-worthy romance, and disability representation. Geared for adults and youth ages 14 and older.

# Wednesday, February 28 | 6-7 p.m. | Creating Caring Communities in MN: Things You Can Do | Dakota County Pleasant Hill Library

Presented by NAMI MN. Learn about mental illnesses, the impact of negative attitudes, and five things each of us can do to make MN a better place for people who experience mental illness. This one-hour class is for anyone interested in learning about mental illnesses and helping to change attitudes. A certificate of attendance is available for this class. Register via the <a href="Dakota County Library calendar">Dakota County Library calendar</a>.



AAUW Hastings Branch announces scholarships for the 2024

National Conference for

College Women Student Leaders!



May 30- June 1

Apply for a scholarship!

The American Association of University Women (AAUW) Hastings Branch announces this exciting opportunity for Hastings-area female sophomore or junior college students to attend the National Conference for College Women Student Leaders aka NCCWSL. The scholarships cover the cost of registration, room, board and flight! The conference is held in the DC Metro Area.

You will join hundreds of college women from around the country for leadership training, inspiration, incredible
speakers, awardees and networking. NCCWSL offers skill-building workshops and educational panels that are
designed to challenge and inspire you to make an impact on your campus and in your community long after you
leave the conference. This year's event will include sessions on career development, mentorship, financial
literacy, racial-justice activism and more. Participants will have an opportunity to explore post-graduate
programs, careers in a variety of disciplines and other opportunities for their future. Nearly 500 colleges from
48 states have sent campus leaders to NCCWSL.

Workshops are divided among the following leadership objectives.

- Leadership development: Develop and strengthen a leadership narrative through voice, skill set, and mind-set.
- Professional development: Build a professional tool kit for postgraduate life.
- Activism: Know the how, why, and when to take action.
- Women's issues: Gain a better understanding of issues and policies affecting women and of AALW's role in empowering women.
- Identity and diversity: Own one's personal identity and role in increasing and supporting diverse voices.

### The deadline for completed applications is Thursday, March 15, 2024.



For more information about the NCCWSL visit...https://www.aauw.org/resources/events/nccwsl/



### National Conference for College Women Student Leaders! Dare to be...

https://hastings-mn.aauw.net

### NCCWSL

May 30- June 1, 2024 University of Maryland, College Park (DC Metro Area)

Together, we can reach gender equality in education, economic security, and leadership. Learn more about our priority issues and how we work to achieve our mission. Equity for all.

#### AAUW Hastings Branch 2024 NCCWSL Scholarship Application

First Name Last Name			
College/University			
What will be your academic status fall 2024?SophomoreJuniorSenior			
Mailing address: Street Address, City, State, Zip			
E-mail address:			
Mobile phone number:			
Name of high school attended, city, state:			

#### Community Involvement and Leadership Experience...

· Please provide, in 100 words or less, your definition of leadership.

American Association of University Women

- Please describe in 100 words or less, how your background and interests will contribute to the diversity of the
  conference and what you personally would like to gain from this experience.
- Please attach a resume or vitae, including any extracurricular activities...
   e.g. clubs, employment, memberships, internships, volunteer activities, along with conferences or training sessions in which you have participated.
- Please send your completed application by March 15, 2024, along with the above information to:
   AAUW Hastings Branch NCCWSL Committee, c/o Gail Glashan, 2120 Louis Lane, Hastings, Minnesota 55033
   or email completed application to: <u>AAUWHastingsBranch@gmail.com</u>

#### Applicant's Certification

I verify that the information provided in this application is correct. I agree to notify the sponsoring AAUW Hastings Branch within three business days the status of my acceptance. I agree that if awarded a scholarship, I am responsible for participating in all conference activities and providing a written report to the sponsoring AAUW branch.

I will provide full reimbursement to AAUW should I fail to participate fully, or if I am unal	ole to attend the conference for any reason.
Applicant's signature	Date